

WEEK 1 – Weeks commencing: 07/01/19, 04/02/19, 04/03/19

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Tomato Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Lentil Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Packed Lunch Assorted Sandwiches Ham/Cheese/ Tuna/Egg
Main Course Option 1	Buttermilk Southern Chicken Fillet Mashed Potatoes Fresh Vegetables	Chicken Korma Rice Naan Bread Mixed Salad	Spaghetti Bolognaise Mixed Salad	Roast Turkey in gravy Roast Potatoes Fresh Vegetables	Brunch Salmon Goujons in a roll Side of Fruit/Vegetables
Main Course Option 2	Tomato Pasta Garlic Bread Mixed Salad	Jacket Potato with Cheese or tuna and sweetcorn Mixed Salad	Quorn and Vegetable HotPot Mashed Potatoes Fresh Vegetables	Vegetarian Sausages with Gravy Roast Potatoes Fresh Vegetables	Brunch Quorn Dippers in a roll Side of Fruit/Vegetables
Desserts	Shortbread	Fruity Tuesday	Rice Pudding and Mandarins	Mini Flapjack with Fruit Wedges	All Served with Orange and Chocolate Brownie, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Shortbread/yoghurt	yoghurt	Traybake/yoghurt	yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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WEEK 2 Weeks commencing: 14/01/19, 11/02/19, 11/03/19					
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Tomato Soup Assorted Sandwich Ham/Cheese/Tuna/Egg	Vegetable Soup Assorted Sandwich Ham/Cheese/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Assorted Sandwiches Ham/Cheese/Tuna/Egg
Main Course Option 1	Lemon Sole Fish Bites Oven Chips Peas	Mince Mashed Potatoes Fresh Vegetables	Honey Chicken Noodles Fresh Vegetables	Chicken Hotpot Fresh Vegetables	Brunch Grilled Chicken in a roll Side of Fruit or vegetables
Main Course Option 2	Omelette Oven Chips Peas	Macaroni Cheese with Garlic Bread Fresh Vegetables	Quorn Korma Rice Naan Bread Mixed Salad	Tomato Pasta with Fresh Bread Mixed Salad	Brunch Quorn Burger in a Bun Side of Fruit/Vegetables
Desserts	Banana and Pineapple Cake	Fruity Tuesday	Apple Crumble with Ice Cream	Cheese, Crackers and Grapes	All Served with Flapjack, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Banana and Pineapple Cake/yoghurt	yoghurt	Traybake/yoghurt	yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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Week 3 – Week commencing: 21/01/19, 18/02/19, 18/03/19					
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Tomato Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Assorted Sandwiches Ham, Cheese, Egg, Tuna
Main Course Option 1	Salmon Fish Fingers Oven Chips Peas	Roast Beef in gravy Mashed Potatoes Yorkshire Pudding Fresh Vegetables	Chicken and Tomato Pasta Fresh Vegetables	Beef Lasagne with Fresh Bread Fresh Vegetables	Brunch Sausage in a roll Side of Fruit/Vegetables
Main Course Option 2	Quorn Fajita Chunky Cheese Salad	Jacket Potato with Baked Beans or Tuna and Sweetcorn Mixed Salad	Quorn Bolognese with Spaghetti Pasta Mixed Salad	Cheese & Tomato Pizza Homemade Coleslaw Mixed Salad	Brunch Vegetarian Sausage in a roll Side of Fruit/Vegetables
Desserts	Warm Apple Pie with custard	Fruity Tuesday	Homemade Houmous with Crackers	Yoghurt with a Berry Topping	All Served with Brownie, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg fruit	Ham/cheese/tuna/egg fruit	Ham/cheese/tuna/egg fruit	Ham/cheese/tuna/egg fruit	
	Carrot/cucumber/raisins traybake/yoghurt	Carrot/cucumber/raisins yoghurt	Carrot/cucumber/raisins traybake/yoghurt	Carrot/cucumber/raisins yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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Week 4 - Weeks commencing: 28/01/19, 25/02/19, 25/03/19					
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Tomato Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Ham, Cheese, Egg, Tuna Sandwich
Main Course Option 1	Haggis Mashed Potato Turnips	Steak Pie Roast Potatoes Fresh Vegetables	Chicken Biryani Fresh Vegetables	Turkey Meatballs in tomato sauce Spaghetti pasta Fresh vegetables	Brunch Chicken Goujons in a wrap Side of Fruit/Vegetables
Main Course Option 2	Macaroni Cheese Garlic Bread Fresh Vegetables	Jacket Potato with Baked Beans or Tuna and Sweetcorn	Vegetable Curry and Rice Fresh Vegetables	Savoury Omelette Potato Smiles Mixed Salad	Brunch Veggie nuggets in a roll Side of Fruit/Vegetables
Desserts	Oat Biscuit	Fruity Tuesday	Rhubarb Crumble & Custard	Mini Shortbread & Fruit Wedge	All Served With Chocolate Crispie Cake, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Oat Biscuit/yoghurt	yoghurt	traybake/yoghurt	yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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