

WEEK 1 – Weeks commencing: 20/08/18, 17/09/18, 22/10/18, 19/11/18, 17/12/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Tomato Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Lentil Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Packed Lunch Assorted Sandwiches Ham/Cheese/ Tuna/Egg
Main Course Option 1	Salmon Goujons Oven Chips Peas	Chicken Korma Rice Naan Bread	Roast Beef with Yorkshire Pudding Mashed Potatoes Fresh Vegetables	Cajun Chicken Pasta With Garlic Bread Mixed Salad	Brunch Grilled Burger in a bun Side of fruit/vegetables
Main Course Option 2	Quorn Dippers Oven Chips Peas	Jacket Potato with baked beans and cheese Mixed Salad	Pasta Roma with Garlic Bread Mixed Salad	Cheese & Tomato Pizza with Rainbow Pasta Salad	Brunch Vegetarian burger in a bun Side of fruit/Vegetables
Desserts	Crispie Cake	Fruity Tuesday	Banana & Pineapple Cake	Eton Mess	All Served with Brownie, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg fruit	Ham/cheese/tuna/egg fruit	Ham/cheese/tuna/egg fruit	Ham/cheese/tuna/egg fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Crispie Cake/yoghurt	yoghurt	Banana & Pineapple Cake/yoghurt	Crispie Cake/yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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WEEK 2 Weeks commencing: 27/08/18, 24/09/18, 29/10/18, 26/11/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Tomato Soup Assorted Sandwich Ham/Cheese/Tuna/Egg	Vegetable Soup Assorted Sandwich Ham/Cheese/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Assorted Sandwiches Ham/Cheese/Tuna/Egg
Main Course Option 1	Fish and Chips Peas	Buttermilk Southern chicken breast Mashed Potato Fresh Vegetables	Steak Pie Roast Potatoes Fresh Vegetables	Chicken Hotpot Fresh Vegetables	Brunch Beef Burger in a Bun Side of Fruit/Vegetables
Main Course Option 2	Quorn Korma Rice Naan Bread Mixed Salad	Macaroni Cheese with Garlic Bread Fresh Vegetables	Omelette with Potato Smiles Mixed Salad	Jacket Potato Beans & Cheese Mixed Salad	Brunch Quorn Burger in a Bun Side of Fruit/Vegetables
Desserts	Cheese, crackers & grapes	Fruity Tuesday	Chocolate Muffin	Fruit Salad with Frozen Yoghurt	All Served with Flapjack, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
Choose 1 option from each line	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Cheese & Crackers with grapes/yoghurt	yoghurt	Chocolate Muffin/yoghurt	yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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Week 3 – Week commencing: 09/09/18, 01/10/18, 05/11/18, 03/12/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Tomato Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Assorted Sandwiches Ham, Cheese, Egg, Tuna
Main Course Option 1	Salmon Fish Cakes Potato Smiles Peas	Mince & Tatties Fresh Vegetables	Roast Turkey in gravy Roast Potatoes Fresh Vegetables	Spaghetti Bolognese Mixed Salad	Brunch Sausage in a roll Side of Fruit/Vegetables
Main Course Option 2	Falafel Savoury Rice Roasted Vegetables	Tomato Pasta Garlic Bread Mixed Salad	Jacket Potato with cheese or tuna and sweetcorn Mixed Salad	Omelette with baked beans Chips	Brunch Vegetarian Sausage in a roll Side of Fruit/Vegetables
Desserts	Cheese, Crackers & Grapes	Fruity Tuesday	Warm Brownie with custard	Mandarins with ice cream	All Served with Autumn Muffin, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Cheese, crackers & grapes/yoghurt	yoghurt	brownie/yoghurt	yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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Week 4 - Weeks commencing: 10/09/18, 15/10/18, 12/11/18, 10/12/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Tomato Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Ham, Cheese, Egg, Tuna Sandwich
Main Course Option 1	Sweet Chilli Chicken Fillet Potato Wedges Fresh Vegetables	Beef Tacos Tomato Salad	Haggis, Neeps and Tatties	Chicken Enchiladas Fresh Vegetables	Brunch Chicken Goujons in a wrap Side of Fruit/Vegetables
Main Course Option 2	Macaroni Cheese Garlic Bread Fresh Vegetables	Cheese & Tomato Pizza Potato Smiles Vegetable Sticks	Jacket Potato with baked beans or tuna and sweetcorn Mixed Salad	Vegetarian Sausages Mashed Potato Fresh Vegetables	Brunch Quorn Dippers in a wrap Side of Fruit/Vegetables
Desserts	Oat Biscuit	Fruity Tuesday	Apple Crumble & Custard	Mini Shortbread & Fruit Wedge	All Served With Chocolate Crispie Cake, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Oat Biscuit/yoghurt	Cheese & Biscuits/yoghurt	yoghurt	yoghurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

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