

WEEK 1 – Weeks commencing: 14/08/17, 11/09/17, 9/10/17, 06/11/17, 04/12/17

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Lentil Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Packed Lunch Assorted Sandwiches Ham/Cheese/ Tuna/Egg
Main Course Option 1	Salmon Fish Fingers Chips Choice of Vegetables	Pasta & Meatballs Choice of Vegetables	Roast Chicken & Gravy Roast Potatoes Choice of Vegetables	Steak Pie Mashed Potato Choice of Vegetables	Brunch Hotdog in a roll Side of fruit/Vegetables
Main Course Option 2	Cheese & Tomato Pizza Chips Choice of Vegetables	Quorn Pasta Bolognese Choice of vegetables	Tomato & Basil Pasta Chips Mixed Salad	Jacket Potato Beans & cheese Mixed Salad	Brunch Vegetarian sausage in a roll Side of fruit/Vegetables
Desserts	Muffin	Fresh Fruit Salad	Rhubarb Crumble & Custard	Crispie Cake	All Served with Shortbread , Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
Choose 1 option from each line	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

WEEK 2 Weeks commencing: 21/08/17, 18/09/17, 16/10/17, 13/11/17, 11/12/17

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Tuna/Ham/Cheese/Egg	Lentil Soup Assorted Sandwich Ham/Cheese/Tuna/Egg	Vegetable Soup Assorted Sandwich Ham/Cheese/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Assorted Sandwiches Ham/Cheese/Tuna/Egg
Main Course Option 1	Sausages in Gravy Mashed Potato Choice of Vegetables	Fish Fingers Chips Beans	Cheese & Tomato Pizza Chips With Mixed Salad	Cottage Pie Choice of Vegetables	Brunch Chicken Burger in a Bun Side of Fruit/Vegetables
Main Course Option 2	Macaroni Cheese Choice of Vegetables	Quorn Chilli Rice Choice of Vegetables	Jacket Potato Beans & Cheese Mixed Salad	Cheese & broccoli Bake Garlic Bread Choice of Vegetables	Brunch Vegetable Burger in a Bun Side of Fruit/Vegetables
Desserts	Jam Sponge with Custard	Fruity Muffin	Jelly	Rice Pudding with Mandarins	All Served with Crispie Cake, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

Week 3 – Week commencing: 28/08/17, 25/09/17, 23/10/17, 20/11/17, 18/12/17.

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Assorted Sandwiches Ham, Cheese, Egg, Tuna
Main Course Option 1	Cheese & Tomato Pizza Chips Mixed Salad	Pasta Bolognese Choice of Vegetables	Roast Beef Mashed Potatoes Yorkshire Pudding Choice of Vegetables	Fish & Chips Mixed Salad	Brunch Chicken Nuggets in a Bun Side of Fruit/Vegetables
Main Course Option 2	Quorn Korma Naan Bread Rice	Cheesy Omelette Chips Beans	Jacked Potato Beans & Cheese Mixed Salad	Tomato Spaghetti Garlic Bread	Brunch Chicken Style Dippers in a Bun Side of Fruit/Vegetables
Desserts	Carrot Cake	Fresh Fruit Salad	Jelly	Empire Biscuit	All Served with Jam Tart, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	

Week 4 - Weeks commencing: 04/09/17, 02/10/17, 30/10/17, 27/11/17.

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Sandwiches	Chicken Noodle Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Vegetable Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Lentil Soup Assorted Sandwich Cheese/Ham/Tuna/Egg	Packed Lunch Ham, Cheese, Egg, Tuna Sandwich
Main Course Option 1	BBQ Chicken Fillet chips Choice of Vegetables	Chicken Korma Naan Bread Rice	Cod & Salmon Fishcakes Potato Smiles Mixed Salad	Chilli Con Carne Rice Mixed Salad	Brunch Beef Burger in a Bun Side of Fruit/Vegetables
Main Course Option 2	Sweet & Sour Quorn Savoury Rice Choice of Vegetables	Jacket Potato Beans & Cheese Mixed Salad	Cheese & Tomato Pizza Potato Smiles Mixed Salad	Macaroni Cheese Garlic Bread Mixed Salad	Brunch Quorn Burger in a bun Side of Fruit/Vegetables
Desserts	Oat Biscuit	Apple Crumble & Custard	Shortbread	Fresh Fruit & Ice Cream	All Served With Fairy cake, Juice, Yoghurt or Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Fruit	Fruit	Fruit	Fruit	
School Packed Lunch Choose 1 option from each line	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	Ham/cheese/tuna/egg	
	fruit	fruit	fruit	fruit	
	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	Carrot/cucumber/raisins	
	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	Home baking/yogurt	
	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	Apple juice/orange juice	